

Spiritual Discernment on

# REPENTANCE

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Through confession we seek to open ourselves up to let God give us a clearer view of ourselves and our reality. In repentance we are asking God to guide our response to that reality. To help you address the spiritual turmoil and conflict you have experienced spend time this week reading and meditating on these scriptures as individuals and as members of the body of Christ at Mountain Avenue. Over the next three weeks these scriptures will help you address Confession, Repentance, and Blessing.

Spend time meditating on each scripture. For each scripture answer these three questions:

1. What is God wanting to reveal to me about myself?
2. What is God wanting to reveal to me about my influence in the Mountain Avenue church?
3. What should I do to be obedient to the word God is speaking to me?

For some scriptures there are prayers provided to spark your meditation.

## Deuteronomy 30:1-10

"So it shall be when all of these things have come upon you, the blessing and the curse which I have set before you, and you call them to mind in all nations where the LORD your God has banished you, and you return to the LORD your God and obey Him with all your heart and soul according to all that I command you today, you and your sons, then the LORD your God will restore you from captivity, and have compassion on you, and will gather you again from all the peoples where the LORD your God has scattered you

## 2 Chronicles 7:13-14

"If I shut up the heavens so that there is no rain, or if I command the locust to devour the land, or if I send pestilence among My people, and My people who are called by My name humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, will forgive their sin and will heal their land.

*Prayer: I seek humility before you God. Remove from me any spirit of contempt or haughtiness or pride. Forgive me of the pride that so easily fills me and that brings blame in my heart towards others.*

## Nehemiah 1:8-9

"Remember the word which You commanded Your servant Moses, saying, 'If you are unfaithful I will scatter you among the peoples; but if you return to Me and keep My commandments and do them, though those of you who have been scattered were in the



most remote part of the heavens, I will gather them from there and will bring them to the place where I have chosen to cause My name to dwell.'

*Prayer: Create in me the heart of your servant O Lord, to willingly bend myself to your commands. Dwell in me O Lord. Open my heart to receive your light and grace.*

Isaiah 30:15

"This is what the Sovereign LORD, the Holy One of Israel, says: "In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it."

Jeremiah 18:8

If that nation, against whom I have pronounced, turn from their evil, I will repent of the evil that I thought to do unto them

Jeremiah 25:4-6

"And the LORD has sent to you all His servants the prophets again and again, but you have not listened nor inclined your ear to hear, saying, 'Turn now everyone from his evil way and from the evil of your deeds, and dwell on the land which the LORD has given to you and your forefathers forever and ever; and do not go after other gods to serve them and to worship them, and do not provoke Me to anger with the work of your hands, and I will do you no harm

*Prayer: Lord God, open my ears to hear and the door of my heart to give you greater place in my life. I too have read again and again how you desire goodness to flow from me. Yet so often I quench your goodness and give room for evil to root and grow. Invest in me your goodness Lord so that all with whom I dwell may glorify your mighty work in my life.*

Jeremiah 31:19

"After I strayed, I repented; after I came to understand, I beat my breast. I was ashamed and humiliated because I bore the disgrace of my youth."

Ezekiel 18:30-32

"Therefore I will judge you, O house of Israel, each according to his conduct," declares the Lord GOD. "Repent and turn away from all your transgressions, so that iniquity may not become a stumbling block to you. "Cast away from you all your transgressions which you have committed and make yourselves a new heart and a new spirit! For why will you die, O house of Israel? "For I have no pleasure in the death of anyone who dies," declares the Lord GOD. "Therefore, repent and live."

*Prayer: God let me live! Let me live with the joy and the fullness of your presence with me. Remove from my heart the petty thoughts that I have harbored towards others. Let me think good of them like you do for the sake of your kingdom and your glory*

Jonah 3:10



And God saw their works, that they turned from their evil way; and God repented of the evil, that he had said that he would do unto them; and he did it not

*Prayer: Lead me away from evil O God: the pride of my life, the deceit of my mind, and the arrogance of my heart.*

#### Matthew 3:8

Produce fruit in keeping with repentance

*Prayer: Father, I long to be that tree planted by the waters that bears good fruit in season and out.*

#### Matthew 9:13

But go and learn what this means: 'I desire mercy, not sacrifice.' For I have not come to call the righteous, but sinners.

*Prayer: Teach my mercy O God. As you have shown mercy to me fill me with the longing to be merciful to my brothers and sisters, my family, and to myself.*

#### Luke 3:8-9

"Bear fruits in keeping with repentance. And do not begin to say to yourselves, 'We have Abraham as our father.' For I tell you, God is able from these stones to raise up children for Abraham. Even now the axe is laid to the root of the trees. Every tree therefore that does not bear good fruit is cut down and thrown into the fire."

#### Luke 5:31-33

Jesus answered them, "It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners to repentance.

*Prayer: God, am I sick? Am I the one who needs your healing? I repent of my claim of innocence so I can receive the gift of healing.*

#### Luke 17:3

If your brother or sister sins against you, rebuke them, and if they repent, forgive them. (may need to be paired with "cast the first stone")

#### Romans 2:4-5

Do you show contempt for the riches of his kindness, forbearance, and patience, not realizing that God's kindness is intended to lead you to repentance? But because of your stubbornness and your unrepentant heart, you are storing up wrath against yourself for the day of God's wrath, when his righteous judgment will be revealed."

*Prayer: I open myself up to you God. I leave my stubbornness and temper at the door of my heart like muddy shoes from garden. I repent of any meanness of spirit I have held*



*toward others. I give up the right to be angry or to seek retribution because of how others have treated me. Hold me to this O Lord lest I store up your wrath against me as a disobedient child.*

2 Corinthians 7:9

Yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us.

2 Timothy 2:24-26

The Lord's bond-servant must not be quarrelsome, but be kind to all, able to teach, patient when wronged, with gentleness correcting those who are in opposition, if perhaps God may grant them repentance leading to the knowledge of the truth, and they may come to their senses and escape from the snare of the devil, having been held captive by him to do his will.

*Prayer: My senses are often clouded over. I do not see well or clearly. I misunderstand how others try to help me. God, give me the strength to see and hear truth in my life. Let me come to clear senses so that I give Satan no foothold in my heart to turn me from you.*

James 4:8

Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

Acts 3:19

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

Revelation 3:19

Those whom I love I rebuke and discipline. So be earnest and repent.

*Prayer: My Father, I receive your discipline in my life whether that come directly from you, through care of others, or from the conviction of my own heart.*

Revelation 3:3

Remember, then, what you received and heard. Keep it, and repent. If you will not wake up, I will come like a thief, and you will not know at what hour I will come against you.

